

**scottishathletics National Road Relay
Championships**

Men 6 Stage

Women 4 Stage

Livingston (Almondvale)

Sunday 25th March 2018

SHORT LAP (3.15miles)

LONG LAP (6.0miles)

LONG LEG (6.0miles)

Numbers

RED

YELLOW

WHITE

M50 Men's teams run 4 Legs only and have an 'X' next to their number.

W50 Women's teams run 3 legs only and have an 'X' next to their number.



scottishathletics National Road Relay Championships
Livingston
Sunday 25th March 2018

scottishathletics Road Running and Cross Country Commission

Convener: John Rodger (Kilbarchan AAC)
Hon. Secretary: Julia Henderson (Stirling Triathlon Club)

OFFICIALS National Road Relay Championships

Referee: Ron Morrison

Clerk of Course: Ted Finch

Announcer: Alex Jackson

Starter: Richard O'Grady

Changeovers: Dave Cairns (Chief), Fred McCluskie, Ian Mann

De-Chipping: John Barclay, Danny Kirkland, Ryan Kirkland

Declarations: Marion Donachie, Neil Donachie, Marjory Cook, Val Finch

Declarations Input: Linden Nicholson, Sandra Hardacre

Results: Keep It Simple Timing

Presentations: Sandra Hardacre, Linden Nicholson

Course Marshalls: Members of Competing Clubs

Medical: St Andrews First Aid

Event Manager: Alasdhair Love

Convenor: Alex Jackson

scottishathletics National Road Relay Championships

Sunday 25th March 2018

MALE Entered Teams

Livingston

<u>Club</u>	<u>Team and Vest No.</u>		
Aberdeen AAC	A 1	B 2	C 3
Anster Haddies	A 4		
Bellahouston Harriers	A 5	B 6	C 7 D 8 E 9
Calderglen Harriers	A 10	B 11	
Cambuslang Harriers	A 12	B 13	C 14 D 15 E 16
Carnegie Harriers	A 17	B 18	
Central AC	A 19	B 20	C 21 D 22 E 23 F 24 G 25
Clydesdale Harriers	A 26		
Corstorphine AAC	A 27	B 28	C 29 D 30 E 31 F 32 G 33 H 34
Cumbernauld	A 35	B 36	C 37
East Kilbride AC	A 38		
Edinburgh AC	A 39	B 40	C 41 D 42 E 43 F 44 G 45 H 46 I 47
Edinburgh University H&H	A 48		
Falkirk Victoria Harriers	A 49	B 50	
Ferranti	A 51		
Fife AC	A 52	B 53	C 54
Gala Harriers	A 55	B 56	C 57
Garscube Harriers	A 58	B 59	C 60
Giffnock North	A 61	B 62	
Hunters Bog Trotters	A 63	B 64	
Inverclyde AC	A 65		
Inverness Harriers	A 66	B 67	
Irvine Running Club	A 68		
Kilbarchan AC	A 69	B 70	
Kilmarnock Harriers	A 71		
Kirkintilloch Olympians	A 72	B 73	C 74 D 75 E 76
Lothian Running Club	A 77	B 78	C 79
Metro Aberdeen RC	A 80	B 81	C 82 D 83 E 84
Motherwell AC	A 85	B 86	C 87
PH Racing Club	A 88	B 89	C 90 D 91
Shettleston Harriers	A 92	B 93	C 94 D 95 E 96
Strathclyde University	A 97		
Teviotdale Harriers	A 98	B 99	
VP Glasgow	A 100	B 101	

scottishathletics National Road Relay Championships

Sunday 25th March 2018

FEMALE Entered Teams

Livingston

<u>Club</u>	<u>Team and Vest No.</u>
Aberdeen AAC	A 144
Bellahouston Harriers	A 145 B 146 C 147
Calderglen Harriers	A 148
Cambuslang Harriers	A 149
Central AC	A 150
Corstorphine AAC	A 151 B 152
Dundee Hawkhill Harriers	A 153
Edinburgh AC	A 154 B 155 C 156 D 157
Edinburgh University H&H	A 158 B 159 C 160 D 161 E 162
Falkirk Victoria Harriers	A 163
Ferranti	A 164
Fife AC	A 165 B 166 C 167 D 168 E 169 F 170
Gala Harriers	A 171 B 172 C 173
Giffnock North	A 174
Hunters Bog Trotters	A 175 B 176
Kilbarchan AC	A 177 B 178
Kilmarnock Harriers	A 179 B 180
Kirkintilloch Olympians	A 181 B 182 C 183 D 184
Lothian Running Club	A 185 B 186
Metro Aberdeen RC	A 187 B 188 C 189
Motherwell AC	A 190 B 191
Penicuik Harriers	A 192
PH Racing Club	A 193 B 194
Shettleston Harriers	A 195 B 196
Strathclyde University	A 197 B 198
Teviotdale Harriers	A 199 B 200

ID No.	Forename	Surname	Age Group	Club	ID No.	Forename	Surname	Age Group	Club
1	Joe	Barton	(MU20)	Aberdeen AAC	54	John	Boyd	(M55)	Calderglen Harriers
2	Owain	Bristow	(M Sen)	Aberdeen AAC	55	William	Buchanan	(M65)	Calderglen Harriers
3	Athol	Burnett	(M55)	Aberdeen AAC	56	Russell	Couper	(M50)	Calderglen Harriers
4	Lukasz	Czyzyski	(M Sen)	Aberdeen AAC	57	Alan	Cullie	(M50)	Calderglen Harriers
5	Michael	Ferguson	(M Sen)	Aberdeen AAC	58	Alan	Derrick	(M50)	Calderglen Harriers
6	Andrew John	Ferguson	(M Sen)	Aberdeen AAC	59	Martin	Duthie	(M55)	Calderglen Harriers
7	Matthias	Flamenco	(MU20)	Aberdeen AAC	60	Neil	Green	(M45)	Calderglen Harriers
8	Daniel	Hatfield	(MU20)	Aberdeen AAC	61	Andrew	Henderson	(M60)	Calderglen Harriers
9	James	Hoad	(M Sen)	Aberdeen AAC	62	Jim	Holmes	(M50)	Calderglen Harriers
10	Alasdair	Love	(M40)	Aberdeen AAC	63	Martin	Howell	(M50)	Calderglen Harriers
11	Will	Mackay	(M Sen)	Aberdeen AAC	64	Richard	Lawton	(M40)	Calderglen Harriers
12	Eoghan	MacNamara	(M Sen)	Aberdeen AAC	65	Kenny	Leinster	(M55)	Calderglen Harriers
13	Rory	Muir	(M Sen)	Aberdeen AAC	66	Charlie	McDougall	(M65)	Calderglen Harriers
14	Steven	Murray	(M Sen)	Aberdeen AAC	67	Gordon	McInally	(M50)	Calderglen Harriers
15	Philip	Neilson	(MU20)	Aberdeen AAC	68	Allan	McLellan	(M60)	Calderglen Harriers
16	Ben	Nelson	(M Sen)	Aberdeen AAC	69	Jim	Mearns	(M50)	Calderglen Harriers
17	Aaron	Odentz	(MU20)	Aberdeen AAC	70	Jim	Mearns	(M50)	Calderglen Harriers
18	Callum	Symmons	(M Sen)	Aberdeen AAC	71	Gerard	Mullen	(M55)	Calderglen Harriers
19	Fearghas	Thomson	(M Sen)	Aberdeen AAC	72	Stephen	Phimister	(M45)	Calderglen Harriers
20	Euan	Webster	(M Sen)	Aberdeen AAC	73	Ian	Rae	(M50)	Calderglen Harriers
21	Tyler	White	(MU20)	Aberdeen AAC	74	Edward	Reid	(M55)	Calderglen Harriers
22	Eric	Anderson	(M40)	Anster Haddies Running Club	75	Paul	Rooney	(M40)	Calderglen Harriers
23	Alexander	Anderson	(M Sen)	Anster Haddies Running Club	76	Mark	Saez	(M40)	Calderglen Harriers
24	David	Brisland	(M45)	Anster Haddies Running Club	77	David	Searil	(M60)	Calderglen Harriers
25	David	Burgess	(M45)	Anster Haddies Running Club	78	Hugh	Simpson	(M55)	Calderglen Harriers
26	George	Findlay	(M60)	Anster Haddies Running Club	79	Charles	Steven	(M55)	Calderglen Harriers
27	Giles	Harris	(M45)	Anster Haddies Running Club	80	George	Stewart	(M55)	Calderglen Harriers
28	Fraser	Armstrong	(M Sen)	Bellahouston Harriers	81	David	Watt	(M55)	Calderglen Harriers
29	Jack	Arnold	(M Sen)	Bellahouston Harriers	82	Stuart	Waugh	(M65)	Calderglen Harriers
30	Brent	Brodie	(M45)	Bellahouston Harriers					
31	Paul	Clawson	(M Sen)	Bellahouston Harriers					
32	Alexander	Cuthbert	(M40)	Bellahouston Harriers					
33	Calum	Ferguson	(MU20)	Bellahouston Harriers					
34	Graeme	Gemmell	(M50)	Bellahouston Harriers					
35	Francis	Gilroy	(M50)	Bellahouston Harriers					
36	Michael	Gowans	(M Sen)	Bellahouston Harriers					
37	Jack	Heathwood	(MU20)	Bellahouston Harriers					
38	Paul	Houston	(M45)	Bellahouston Harriers					
39	Stuart	Macdonald	(M55)	Bellahouston Harriers					
40	Simon	McDougall	(M Sen)	Bellahouston Harriers					
41	Darren	McQuade	(M Sen)	Bellahouston Harriers					
42	Michael	Meehan	(M50)	Bellahouston Harriers					
43	Stuart	Miller	(M Sen)	Bellahouston Harriers					
44	Iain	Morrison	(M50)	Bellahouston Harriers					
45	Darren	Murray	(M45)	Bellahouston Harriers					
46	Darren	Shields	(M Sen)	Bellahouston Harriers					
47	Alastair	Sinclair	(M55)	Bellahouston Harriers					
48	Kenneth	Taylor	(M Sen)	Bellahouston Harriers					
49	Greg	Templeton	(M Sen)	Bellahouston Harriers					
50	Colin	Thomas	(M Sen)	Bellahouston Harriers					
51	mark	wallace	(M50)	Bellahouston Harriers					
52	Crispin	Walsh	(M45)	Bellahouston Harriers					
53	Gregor	Yates	(M Sen)	Bellahouston Harriers					

ID No.	Forename	Surname	Age Group	Club	ID No.	Forename	Surname	Age Group	Club
83	Michael	Barker	(M40)	Cambuslang Harriers	154	Colin	Alexander	(M40)	Central AC
84	Alasdair	Campbell	(M Sen)	Cambuslang Harriers	155	Gordon	Appelbe	(M Sen)	Central AC
85	Richard	Carr	(M Sen)	Cambuslang Harriers	156	Cameron	Boyek	(M Sen)	Central AC
86	Eamon	Carr	(MU20)	Cambuslang Harriers	157	Scott	Brember	(M45)	Central AC
87	Justin	Carter	(M45)	Cambuslang Harriers	158	Hugh	Buchanan	(M55)	Central AC
88	Des	Dickson	(M55)	Cambuslang Harriers	159	Neil	Cameron	(M45)	Central AC
89	Colin	Donnelly	(M55)	Cambuslang Harriers	160	Cameron	Campbell	(M55)	Central AC
90	Brian	Douglas	(M45)	Cambuslang Harriers	161	Dale	Colley	(M Sen)	Central AC
91	Colin	Feechan	(M55)	Cambuslang Harriers	162	Iain	Dunsmore	(M45)	Central AC
92	Stuart	Gibson	(M Sen)	Cambuslang Harriers	163	David	Eckersley	(M55)	Central AC
93	Robert	Gilroy	(M40)	Cambuslang Harriers	164	Iain	Elliott	(M Sen)	Central AC
94	Simon	Gold	(M40)	Cambuslang Harriers	165	Allan	Gall	(M60)	Central AC
95	Kevan	Harvey	(M Sen)	Cambuslang Harriers	166	Charles	Graham-Marr	(M60)	Central AC
96	Michael	Healy	(M40)	Cambuslang Harriers	167	Alastair	Hay	(M Sen)	Central AC
97	Brian	Hughes	(M60)	Cambuslang Harriers	168	Will	Hensman	(M Sen)	Central AC
98	Benjamin	Hukins	(M Sen)	Cambuslang Harriers	169	Kenneth	Hislop	(M Sen)	Central AC
99	Scott	Hunter	(M40)	Cambuslang Harriers	170	Ross	Houston	(M Sen)	Central AC
100	Craig	Jardine	(M Sen)	Cambuslang Harriers	171	Ewan	Jack	(M45)	Central AC
101	Iain	MacCorquodale	(M Sen)	Cambuslang Harriers	172	David	Lindsay	(M Sen)	Central AC
102	Jack	MacGregor	(M Sen)	Cambuslang Harriers	173	Fraser	Logan	(M Sen)	Central AC
103	Stan	MacKenzie	(M55)	Cambuslang Harriers	174	Mark	Logie	(M45)	Central AC
104	Jamie	MacKinnon	(MU20)	Cambuslang Harriers	175	Sandy	Maclarty	(M Sen)	Central AC
105	Kenny	Macpherson	(M50)	Cambuslang Harriers	176	Murray	MacLarty	(M Sen)	Central AC
106	Kyle	McLellan	(M Sen)	Cambuslang Harriers	177	Scott	McDonald	(M Sen)	Central AC
107	Paul	Morrison	(MU20)	Cambuslang Harriers	178	Ross	McNaught	(M Sen)	Central AC
108	Iain	Nicholl	(M40)	Cambuslang Harriers	179	Lewis	Millar	(M Sen)	Central AC
109	Michael	O'Hagan	(M45)	Cambuslang Harriers	180	Ruaridh	Miller	(M Sen)	Central AC
110	Struan	Paton	(MU20)	Cambuslang Harriers	181	Raymond J	Milne	(M55)	Central AC
111	Jamie	Reid	(M40)	Cambuslang Harriers	182	Cameron	Milne	(M Sen)	Central AC
112	Iain	Reid	(M40)	Cambuslang Harriers	183	Robin	Mussett	(M55)	Central AC
113	Colin	Reilly	(M Sen)	Cambuslang Harriers	184	Benjamin	Noad	(M Sen)	Central AC
114	Douglas	Roberts	(M Sen)	Cambuslang Harriers	185	Fraser	Purves	(M45)	Central AC
115	Gordon	Robertson	(M Sen)	Cambuslang Harriers	186	Donald	Shaw	(M45)	Central AC
116	Gavin	Smith	(MU20)	Cambuslang Harriers	187	Colin	Sinclair	(M50)	Central AC
117	Edward	Stewart	(M60)	Cambuslang Harriers	188	Chris	Smithard	(M Sen)	Central AC
118	Fraser	Stewart	(M Sen)	Cambuslang Harriers	189	Jens	Subke	(M45)	Central AC
119	David	Thom	(M55)	Cambuslang Harriers	190	Matthew	Sutherland	(M Sen)	Central AC
120	Chris	Upson	(M50)	Cambuslang Harriers	191	Aidan	Thompson	(M Sen)	Central AC
121	Alick	Walkinshaw	(M55)	Cambuslang Harriers	192	Michael	Wright	(M Sen)	Central AC
122	Kerry-Liam	Wilson	(M45)	Cambuslang Harriers	193	Pete	Cartwright	(M80)	Clydesdale Harriers
123	Stephen	Wylie	(M45)	Cambuslang Harriers	194	Tony	Dolan	(M Sen)	Clydesdale Harriers
124	Steve	Adam	(M50)	Carnegie Harriers	195	Hugh	Laverty	(M60)	Clydesdale Harriers
125	Neil	Anderson	(M Sen)	Carnegie Harriers	196	Ryan	Nelson	(M Sen)	Clydesdale Harriers
126	Gordon	Barrie	(M45)	Carnegie Harriers	197	Iain	Robertson	(M40)	Clydesdale Harriers
127	Michael	Bisset	(M45)	Carnegie Harriers	198	Peter	Rudzinski	(M65)	Clydesdale Harriers
128	Scott	Bradley	(M40)	Carnegie Harriers	199	Robert	Young	(M70)	Clydesdale Harriers
129	Allan	Brannigan	(M55)	Carnegie Harriers					
130	David	Clark	(M40)	Carnegie Harriers					
131	Barry	Davie	(M40)	Carnegie Harriers					
132	Derek	Fish	(M40)	Carnegie Harriers					
133	Paul	Foster	(M Sen)	Carnegie Harriers					
134	John	Fulham	(M45)	Carnegie Harriers					
135	Stephen	Greer	(M60)	Carnegie Harriers					
136	David	Greig	(M45)	Carnegie Harriers					
137	John	Hynd	(M55)	Carnegie Harriers					
138	Paul	Kieran	(M40)	Carnegie Harriers					
139	Steven	King	(M45)	Carnegie Harriers					
140	Alan	McGowan	(M40)	Carnegie Harriers					
141	Neil	McLure	(M50)	Carnegie Harriers					
142	Jonathan	Millar	(M Sen)	Carnegie Harriers					
143	Brian	Miller	(M40)	Carnegie Harriers					
144	Alan	Murray	(M45)	Carnegie Harriers					
145	John	O'Connor	(M60)	Carnegie Harriers					
146	Willie	Rennie	(M50)	Carnegie Harriers					
147	Andrew	Sim	(M45)	Carnegie Harriers					
148	Gordon	Somerville	(M60)	Carnegie Harriers					
149	Andrew	Spence	(M Sen)	Carnegie Harriers					
150	Chris	Stephenson	(M45)	Carnegie Harriers					
151	Calum	Vallance	(M50)	PH Racing Club					
152	Graham	Wilde	(M40)	Carnegie Harriers					
153	Graeme	Wilson	(M55)	Carnegie Harriers					

ID No.	Forename	Surname	Age Group	Club	ID No.	Forename	Surname	Age Group	Club
200	Moray	Anderson	(M40)	Corstorphine AAC	263	Grant	Baillie	(M Sen)	East Kilbride A.C.
201	Peter	Black	(M Sen)	Corstorphine AAC	264	Jamie	Clements	(M Sen)	East Kilbride A.C.
202	Steven	Blair	(M50)	Corstorphine AAC	265	Gordon	Colvin	(M55)	East Kilbride A.C.
203	Alastair	Brockie	(M Sen)	Corstorphine AAC	266	John	Fergusson	(M Sen)	East Kilbride A.C.
204	Ewan	Brown	(M Sen)	Corstorphine AAC	267	Aidan	Gilbride	(MU20)	East Kilbride A.C.
205	Martin	Caldwell	(M60)	Corstorphine AAC	268	Vincent	Glennon	(M45)	East Kilbride A.C.
206	Alan	Cameron	(M45)	Corstorphine AAC	269	Ross	Grant	(M Sen)	East Kilbride A.C.
207	Stuart	Campbell	(M50)	Corstorphine AAC	270	Graeme	Haddow	(M55)	East Kilbride A.C.
208	Jonathan	Carpenter	(M Sen)	Corstorphine AAC	271	Vincent	Hastings	(M Sen)	East Kilbride A.C.
209	Michael	Connelly	(M55)	Corstorphine AAC	272	Jack	Kirwan	(M Sen)	East Kilbride A.C.
210	Keith	Copland	(M50)	Corstorphine AAC	273	Luke	Kirwan	(MU20)	East Kilbride A.C.
211	Iain	Cumming	(M65)	Corstorphine AAC	274	Martin	Lynas	(MU20)	East Kilbride A.C.
212	Dermot	Cummins	(M Sen)	Corstorphine AAC	275	Gerard	O'Neil	(M40)	East Kilbride A.C.
213	Chris	Downie	(M Sen)	Corstorphine AAC	276	Brian	O'Neill	(M45)	East Kilbride A.C.
214	Ben	Draye	(M Sen)	Corstorphine AAC	277	Euan	Rose	(M Sen)	East Kilbride A.C.
215	Tom	Ferrington	(M40)	Corstorphine AAC	278	David	Thomson	(M Sen)	East Kilbride A.C.
216	Graeme	Fletcher	(M55)	Corstorphine AAC	279	Niall	Walker	(M Sen)	East Kilbride A.C.
217	Donald	Gavine	(M Sen)	Corstorphine AAC	280	Christopher	White	(M40)	East Kilbride A.C.
218	David	Hall	(M Sen)	Corstorphine AAC	281	Joseph	Arthur	(MU20)	Edinburgh AC
219	James	Harrison	(M Sen)	Corstorphine AAC	282	Dermot	Baillie	(M40)	Edinburgh AC
220	David	Hart	(M40)	Corstorphine AAC	283	Michael	Barton	(M40)	Edinburgh AC
221	Mark	Haskett	(M Sen)	Corstorphine AAC	284	John	Blair	(M50)	Edinburgh AC
222	David	Henderson	(M55)	Corstorphine AAC	285	Daniel	Bryant	(M Sen)	Edinburgh AC
223	Aaron	Hoyle	(M Sen)	Corstorphine AAC	286	Gavin	Bryson	(MU20)	Edinburgh AC
224	Jonathan	Jackson	(MU20)	Corstorphine AAC	287	Peter	Cameron	(M Sen)	Edinburgh AC
225	Forbes	Jackson	(MU20)	Corstorphine AAC	288	Alex	Carcas	(MU20)	Edinburgh AC
226	Stuart	Livingstone	(M Sen)	Corstorphine AAC	289	Max	Carcas	(M50)	Edinburgh AC
227	Donald	Macaulay	(M Sen)	Corstorphine AAC	290	Freddie	Carcas	(MU20)	Edinburgh AC
228	Calum	McKenzie	(M Sen)	Corstorphine AAC	291	Michael	Christoforou	(M Sen)	Edinburgh AC
229	Douglas	McKinnon	(M Sen)	Corstorphine AAC	292	Richard	Clark	(M40)	Edinburgh AC
230	Ross	Milne	(M40)	Corstorphine AAC	293	Dave	Clements	(M45)	Edinburgh AC
231	Keith	Ovenstone	(M40)	Corstorphine AAC	294	Richard	Cockbain	(M40)	Edinburgh AC
232	David	Pattison	(M40)	Corstorphine AAC	295	Iain	Craven	(M Sen)	Edinburgh AC
233	Chris	Peggie	(M Sen)	Corstorphine AAC	296	Chris	Creegan	(M55)	Edinburgh AC
234	Scott	Pilkington	(M Sen)	Corstorphine AAC	297	David	Cross	(M50)	Edinburgh AC
235	Chris	Poxton	(M Sen)	Corstorphine AAC	298	Keith	Dunlop	(M Sen)	Edinburgh AC
236	Dougie	Selman	(M Sen)	Corstorphine AAC	299	Martin	Ferguson	(M50)	Edinburgh AC
237	Alistair	Simpson	(M Sen)	Corstorphine AAC	300	Michael	Fullerton	(M45)	Edinburgh AC
238	Ken	Speirs	(M45)	Corstorphine AAC	301	William	Gardner	(M Sen)	Edinburgh AC
239	Ewan	Stark	(M Sen)	Corstorphine AAC	302	Dougie	Gowan	(M55)	Edinburgh AC
240	Jan-Bert	Van Den Berg	(M55)	Corstorphine AAC	303	Ian	Hall	(M55)	Edinburgh AC
241	Gordon	Whall	(M Sen)	Corstorphine AAC	304	Kevin	Hamilton	(M Sen)	Edinburgh AC
242	Thomas	Wilson	(M Sen)	Corstorphine AAC	305	Christopher	Hartles	(M Sen)	Edinburgh AC
243	Stephen	Allan	(M40)	Cumbernauld AAC	306	Scott	Henderson	(M40)	Edinburgh AC
244	Robert	Bartley	(M40)	Cumbernauld AAC	307	Archie	Hodgson	(MU20)	Edinburgh AC
245	Scott	Bradley	(M Sen)	Cumbernauld AAC	308	Brian	Howie	(M65)	Edinburgh AC
246	Vincent	Carroll	(M45)	Cumbernauld AAC	309	Leon	Johnson	(M40)	Edinburgh AC
247	Sean	Casey	(M50)	Cumbernauld AAC	310	Stuart	Johnston	(M Sen)	Edinburgh AC
248	Howard	Elliott	(M50)	Cumbernauld AAC	311	Andrew	Latham	(M50)	Edinburgh AC
249	Martin	Fitchie	(M40)	Cumbernauld AAC	313	Mark	MacDermot	(M Sen)	Edinburgh AC
250	Martyn	Glancy	(M Sen)	Cumbernauld AAC	314	Iain	Macdonald	(M Sen)	Edinburgh AC
251	Greig	Glendinning	(M45)	Cumbernauld AAC	315	Fionnbharr	McDonald	(M Sen)	Edinburgh AC
252	David	Hogg	(M45)	Cumbernauld AAC	316	Colin	McGill	(M40)	Edinburgh AC
253	Gordon	Humphreys	(M40)	Cumbernauld AAC	317	Richard	Meade	(M40)	Edinburgh AC
254	Robert	Keenan	(M Sen)	Cumbernauld AAC	318	John	Mowbray	(M Sen)	Edinburgh AC
255	Colin	Langan	(M Sen)	Cumbernauld AAC	319	Lewis	Orr	(M45)	Edinburgh AC
256	Derek	Martin	(M45)	Cumbernauld AAC	320	Harry	Putnam	(M Sen)	Edinburgh AC
257	Aidan	McCaffrey	(MU20)	Cumbernauld AAC	321	Alexander	Quayle	(M Sen)	Edinburgh AC
258	Ross	McEachern	(M50)	Cumbernauld AAC	322	Callum	Reid	(M Sen)	Edinburgh AC
259	Craig	McIntyre	(M Sen)	Cumbernauld AAC	323	Neil	Renault	(M Sen)	Edinburgh AC
260	Paul	O'Hare	(M40)	Cumbernauld AAC	324	Robert	riddell	(M55)	Edinburgh AC
261	Louis	O'Hare	(M40)	Cumbernauld AAC	325	Daniel	Rivera	(M50)	Edinburgh AC
262	Martin	Paton	(M Sen)	Cumbernauld AAC	326	Jim	Scott	(M60)	Edinburgh AC
					327	Peter	Simpson	(M Sen)	Edinburgh AC
					328	David	Steele	(M55)	Edinburgh AC
					329	Eric	Stevenson	(M65)	Edinburgh AC
					330	Mark	Thornton-Smith	(M Sen)	Edinburgh AC
					331	Robert	Turner	(M45)	Edinburgh AC
					332	Steven	Watters	(M Sen)	Edinburgh AC
					333	Iain	Whitaker	(M Sen)	Edinburgh AC
					334	Owain	Williams	(M Sen)	Edinburgh AC
					335	Ian	Williamson	(M55)	Edinburgh AC
					336	Nicholas	Wolverson	(M Sen)	Edinburgh AC
					337	David	Woods	(M Sen)	Edinburgh AC

ID No.	Forename	Surname	Age Group	Club	ID No.	Forename	Surname	Age Group	Club
338	Jack	Eykelbosch	(M Sen)	Edinburgh Univ Hare & Hounds	413	Thomas	Berry	(MU20)	Garscube Harriers
339	Álvaro	Garrido	(MU20)	Edinburgh Univ Hare & Hounds	414	Alan	Blair	(M Sen)	Garscube Harriers
340	Roy	Griffiths	(MU20)	Edinburgh Univ Hare & Hounds	415	Craig	Brown	(M45)	Garscube Harriers
341	Gregor	Malcolm	(MU20)	Edinburgh Univ Hare & Hounds	416	Paul	Collins	(M50)	Garscube Harriers
342	Tim	Morgan	(M Sen)	Edinburgh Univ Hare & Hounds	417	John	Coyle	(M45)	Garscube Harriers
343	Guillaume	Picard-Lalonde	(M Sen)	Edinburgh Univ Hare & Hounds	418	Stephen	Cullen	(M60)	Garscube Harriers
344	John	Brogan	(M Sen)	Falkirk Victoria Harriers	419	Kevin	Giffillan	(M Sen)	Garscube Harriers
345	Alexander	Davidson	(M Sen)	Falkirk Victoria Harriers	420	David	Lindsay	(M40)	Garscube Harriers
346	Gordon	Dewar	(M50)	Falkirk Victoria Harriers	421	Alasdair	MacMillan	(M Sen)	Garscube Harriers
347	Callum	Douglas	(M Sen)	Falkirk Victoria Harriers	422	Timothy	Martin	(M Sen)	Garscube Harriers
348	Stuart	Douglas	(M Sen)	Falkirk Victoria Harriers	423	Garry	Mathew	(M Sen)	Garscube Harriers
349	John	Gladwin	(M55)	Falkirk Victoria Harriers	424	John	Murray	(M40)	Garscube Harriers
350	Wallace	Grieve	(M50)	Falkirk Victoria Harriers	425	Craig	Shields	(M Sen)	Garscube Harriers
351	Grant	Matheson	(M55)	Falkirk Victoria Harriers	426	Cody	Stevenson	(MU20)	Garscube Harriers
352	Euan	McCallum	(M Sen)	Falkirk Victoria Harriers	427	Andrew	Bonner	(M Sen)	Giffnock North AC
353	Peter	Moffett	(M Sen)	Falkirk Victoria Harriers	428	Nicholas	Boyle	(MU20)	Giffnock North AC
354	Barry	Paterson	(M40)	Falkirk Victoria Harriers	429	Iain	Carroll	(M Sen)	Giffnock North AC
355	Neil	Robertson	(M50)	Falkirk Victoria Harriers	430	Luke	Chamberlain	(M45)	Giffnock North AC
356	Gary	Smith	(M Sen)	Falkirk Victoria Harriers	431	Andrew	Clark	(M Sen)	Giffnock North AC
357	Ross	Anderson	(M55)	Ferranti AAC	432	Niall	Fraser	(M Sen)	Giffnock North AC
358	Alex	Bell	(M60)	Ferranti AAC	433	Ted	Gourley	(M55)	Giffnock North AC
359	Paul	Caban	(M50)	Ferranti AAC	434	Chris	Greenhalgh	(M45)	Giffnock North AC
360	Malcolm	Fraser	(M65)	Ferranti AAC	435	Michael	Hampson	(M50)	Giffnock North AC
361	John	Gavin	(M65)	Ferranti AAC	436	Joseph	Lowrie	(MU20)	Giffnock North AC
362	Edward	McDonald	(M70)	Ferranti AAC	437	Stuart	Macdonald	(M Sen)	Giffnock North AC
363	Keith	Nicol	(M65)	Ferranti AAC	438	Calum	Marney	(MU20)	Giffnock North AC
364	Grant	Sellar	(M50)	Ferranti AAC	439	Kieren	Mooney	(MU20)	Giffnock North AC
365	Iain	Shaw	(M50)	Ferranti AAC	440	Grant	Muir	(M Sen)	Giffnock North AC
366	Bryce	Aitken	(M55)	Fife AC	441	Sandy	Nimmo	(M Sen)	Giffnock North AC
367	Simon	Anetts	(M Sen)	Fife AC	442	Harry	Nimmo	(MU20)	Giffnock North AC
368	Gary	Barker	(M60)	Fife AC	443	John	O'Donnell	(M40)	Giffnock North AC
369	Colin	Brown	(M50)	Fife AC	444	Jordan	Orr	(MU20)	Giffnock North AC
370	Sam	Fernando	(MU20)	Fife AC	445	David	Phee	(M Sen)	Giffnock North AC
371	Alan	Gibson	(M55)	Fife AC	446	David	Sawyer	(M45)	Giffnock North AC
372	Kenny	Gorman	(M Sen)	Fife AC	447	Jason	Steele	(M40)	Giffnock North AC
373	Alistair	Gudgin	(M Sen)	Fife AC	448	Derren	Thomson	(M45)	Giffnock North AC
374	Russell	Hall	(M Sen)	Fife AC	449	Luke	Traynor	(M Sen)	Giffnock North AC
375	Jacob	Howe	(M45)	Fife AC	450	Greg	Turner	(M Sen)	Giffnock North AC
376	Mike	MacDonald	(M40)	Fife AC	451	Scott	Wilson	(M40)	Giffnock North AC
377	Jimmy	McIntyre	(M45)	Fife AC	452	Colin	Wylie	(M45)	Giffnock North AC
378	John	McIntyre	(M Sen)	Fife AC	453	Alasdair	Anthony	(M40)	Hunters Bog Trotters
379	Frank	McLaren	(M65)	Fife AC	454	Ian	Campbell	(M50)	Hunters Bog Trotters
380	Owen	Miller	(M Sen)	Fife AC	455	Oleg	Chepelin	(M Sen)	Hunters Bog Trotters
381	Morgan	Mitchell	(M Sen)	Fife AC	456	Ross	Clark	(M Sen)	Hunters Bog Trotters
382	Akira	O'Connor	(M Sen)	Fife AC	457	Ewan	Crawford	(M Sen)	Hunters Bog Trotters
383	Steven	Pennycook	(M55)	Fife AC	458	Jonathan	Crickmore	(M Sen)	Hunters Bog Trotters
384	James	Rae	(M Sen)	Fife AC	459	Andrew	Cummings	(M Sen)	Hunters Bog Trotters
385	David	Sleigh	(M50)	Fife AC	460	Michael	Diver	(M Sen)	Hunters Bog Trotters
386	Jeremy	Tomlinson	(M55)	Fife AC	461	Richard	Dougal	(M Sen)	Hunters Bog Trotters
387	Matthew	Aplin	(M40)	Gala Harriers	462	James	Dunn	(M Sen)	Hunters Bog Trotters
388	Derrick	Brydon	(M45)	Gala Harriers	463	Scott	Fraser	(M Sen)	Hunters Bog Trotters
389	Rory	Campbell	(M45)	Gala Harriers	464	David	Fulton	(M Sen)	Hunters Bog Trotters
390	Neil	Christie	(M45)	Gala Harriers	465	Patryk	Gierjatowicz	(M Sen)	Hunters Bog Trotters
391	Marcus	D'Agrosa	(M Sen)	Gala Harriers	466	Michael	Grant	(M Sen)	Hunters Bog Trotters
392	Tim	Darlow	(M40)	Gala Harriers	467	Simon	Harrison	(M Sen)	Hunters Bog Trotters
393	Robert	Fox	(MU20)	Gala Harriers	468	Huw	Jones	(M Sen)	Hunters Bog Trotters
394	Ryan	Gibson	(M Sen)	Gala Harriers	469	Alex	Luetchford	(M Sen)	Hunters Bog Trotters
395	Darrell	Hastie	(M Sen)	Gala Harriers	470	Tom	Martyn	(M Sen)	Hunters Bog Trotters
396	Yan	Horsburgh	(M50)	Gala Harriers	471	Peter	McClelland	(M Sen)	Hunters Bog Trotters
397	Magnus	Inglis	(M40)	Gala Harriers	472	Andrew	McKechanie	(M Sen)	Hunters Bog Trotters
398	Bob	Johnson	(M55)	Gala Harriers	473	John	McManus	(M Sen)	Hunters Bog Trotters
399	Faisal	Khurshed	(MU20)	Gala Harriers	474	Stuart	Mounce	(M Sen)	Hunters Bog Trotters
400	Andrew	Lawrie	(M Sen)	Gala Harriers	475	Philip	Mowbray	(M45)	Hunters Bog Trotters
401	Anthony	Lunn	(M50)	Gala Harriers	476	Ivor	Normand	(M50)	Hunters Bog Trotters
402	Craig	Mattocks	(M40)	Gala Harriers	477	Brian	Pendreigh	(M60)	Hunters Bog Trotters
403	Ian	Maxwell	(M55)	Gala Harriers	478	James	Rogers	(M Sen)	Hunters Bog Trotters
404	William	Mcculloch	(M55)	Gala Harriers	479	Neil	Thomas	(M50)	Hunters Bog Trotters
405	Jamie	McGowan	(M40)	Gala Harriers	480	Jim	Thyne	(M60)	Hunters Bog Trotters
406	Wayne	McIntosh	(M40)	Gala Harriers	481	Doug	Tullie	(M Sen)	Hunters Bog Trotters
407	Graeme	Murdoch	(M40)	Gala Harriers	482	Martin	Twigg	(M50)	Hunters Bog Trotters
408	James	Purves	(M60)	Gala Harriers	483	James	Waldie	(M Sen)	Hunters Bog Trotters
409	Dave	Richardson	(M Sen)	Gala Harriers	484	Craig	Walling	(M Sen)	Hunters Bog Trotters
410	Callum	Tharme	(MU20)	Gala Harriers					
411	Gary	Trewartha	(M40)	Gala Harriers					
412	Colin	Welsh	(M Sen)	Gala Harriers					

ID No.	Forename	Surname	Age Group	Club	ID No.	Forename	Surname	Age Group	Club
485	Sean	Gaffney	(M Sen)	Inverclyde AC	560	Robert	Conroy	(M40)	Kirkintilloch Olympians
486	Gerard	Gaffney	(M60)	Inverclyde AC	561	Euan	Craig	(M Sen)	Kirkintilloch Olympians
487	Ross	Gray	(MU20)	Inverclyde AC	562	Alastair	Dunlop	(M60)	Kirkintilloch Olympians
488	Ryan	Gray	(MU20)	Inverclyde AC	563	James	Gallacher	(M55)	Kirkintilloch Olympians
489	Jason	Kane	(M Sen)	Inverclyde AC	564	Graham	McCabe	(M45)	Kirkintilloch Olympians
490	Craig	Ruddy	(M Sen)	Inverclyde AC	565	Edward	McLoone	(M Sen)	Kirkintilloch Olympians
491	Tom	Tracey	(M65)	Inverclyde AC	566	Norman	Mcneill	(M40)	Kirkintilloch Olympians
492	Joe	Arnaud	(MU20)	Inverness Harriers AAC	567	Craig	MacWilliam	(M50)	Kirkintilloch Olympians
493	Joe	Arnaud	(MU20)	Inverness Harriers AAC	568	Gary	Mitchell	(M50)	Kirkintilloch Olympians
494	Ross	Cairns	(M40)	Inverness Harriers AAC	569	Owen	Murphy	(M Sen)	Kirkintilloch Olympians
495	Craig	Campbell	(M Sen)	Inverness Harriers AAC	570	David	Murray	(M Sen)	Kirkintilloch Olympians
496	Ben	Fiddes	(M Sen)	Inverness Harriers AAC	571	Teginder	Padda	(M40)	Kirkintilloch Olympians
497	Christopher	Fife	(M Sen)	Inverness Harriers AAC	572	John	Pugh	(M50)	Kirkintilloch Olympians
498	Tony	Golabek	(M Sen)	Inverness Harriers AAC	573	Tony	Quinn	(M60)	Kirkintilloch Olympians
499	Andrew	Johnstone	(MU20)	Inverness Harriers AAC	574	Kenny	Robertson	(M Sen)	Kirkintilloch Olympians
500	Graham	Laing	(M60)	Inverness Harriers AAC	575	Robert	Rogerson	(M55)	Kirkintilloch Olympians
501	Gordon	Lennox	(M Sen)	Inverness Harriers AAC	576	Gary	Shaw	(M40)	Kirkintilloch Olympians
502	Donnie	Macdonald	(M Sen)	Inverness Harriers AAC	577	Colin	Simpson	(M60)	Kirkintilloch Olympians
503	Stephen	Mackay	(M Sen)	Inverness Harriers AAC	578	Stephen	Tominey	(M50)	Kirkintilloch Olympians
504	Derek	Mackenzie	(M Sen)	Inverness Harriers AAC	579	Mark	Tyrrell	(M Sen)	Kirkintilloch Olympians
505	Finlay	MacLennan	(M Sen)	Inverness Harriers AAC	580	Paul	Waters	(M40)	Kirkintilloch Olympians
506	Finlay	MacLennan	(M Sen)	Inverness Harriers AAC	581	Robert	Watson	(M55)	Kirkintilloch Olympians
507	Jonny	Macleod	(M40)	Inverness Harriers AAC	582	John	Wells	(M45)	Kirkintilloch Olympians
508	Andrew	MacRae	(M40)	Inverness Harriers AAC	583	Mark	Welsford	(M40)	Kirkintilloch Olympians
509	Paul	Miller	(M45)	Inverness Harriers AAC	584	Alan	Cunningham	(M45)	Lothian Running Club
510	John	Newsom	(M Sen)	Inverness Harriers AAC	585	Joshua	Dack	(M Sen)	Lothian Running Club
511	Michael	O'Donnell	(M Sen)	Inverness Harriers AAC	586	David	Eades	(M50)	Lothian Running Club
512	Cameron	Young	(MU20)	Inverness Harriers AAC	587	David	Eades	(M50)	Lothian Running Club
513	Alex	Allardyce	(M45)	Irvine Running Club	588	Ryan	Ferguson	(M Sen)	Lothian Running Club
514	Tommy	Begley	(M45)	Irvine Running Club	589	Ted	Finch	(M65)	Lothian Running Club
515	Alan	Douglas	(M Sen)	Irvine Running Club	590	Kevin	Godfrey	(M50)	Lothian Running Club
516	Ryan	Evans	(M Sen)	Irvine Running Club	591	Kenton	Jones	(M50)	Lothian Running Club
517	Jamie	Findlay	(M40)	Irvine Running Club	592	Robert	Kennedy	(M Sen)	Lothian Running Club
518	George	Irving	(M50)	Irvine Running Club	593	Alan	Knowles	(M40)	Lothian Running Club
519	Paul	Lafferty	(M Sen)	Irvine Running Club	594	Malcolm	Lang	(M40)	Lothian Running Club
520	Mark	Livingstone	(M45)	Irvine Running Club	595	Martin	Leadbetter	(M60)	Lothian Running Club
521	James	Sneddon	(M50)	Irvine Running Club	596	Brian	Lees	(M50)	Lothian Running Club
522	Colin	Whitby	(M Sen)	Irvine Running Club	597	Ian	Leggett	(M80)	Lothian Running Club
523	Euan	Carrick	(M Sen)	Kilbarchan AAC	598	Pol	MacDonald	(M45)	Lothian Running Club
524	Graham	Evans	(M Sen)	Kilbarchan AAC	599	Stephen	Malcolm	(M45)	Lothian Running Club
525	Robbie	Ferguson	(MU20)	Kilbarchan AAC	600	Gerard	McCafferty	(M50)	Lothian Running Club
526	Josh	Hendry	(MU20)	Kilbarchan AAC	601	Barry	McComish	(M40)	Lothian Running Club
527	Steven	Hill	(M Sen)	Kilbarchan AAC	602	Euan	McInnes	(M40)	Lothian Running Club
528	Stuart	Kerr	(M Sen)	Kilbarchan AAC	603	Andrew	McKenna	(M50)	Lothian Running Club
529	Scott	MacAulay	(M Sen)	Kilbarchan AAC	604	Kenny	Mearns	(M55)	Lothian Running Club
531	Callum	Matthews	(M Sen)	Kilbarchan AAC	605	Will	Moffat	(M45)	Lothian Running Club
532	Robert	McCulloch	(M50)	Kilbarchan AAC	606	Alan	Moffat	(M40)	Lothian Running Club
533	Ewan	McKerral	(MU20)	Kilbarchan AAC	607	Harry	Mulholland	(M50)	Lothian Running Club
534	Scott	McLardie	(MU20)	Kilbarchan AAC	608	Alastair	Murray	(M Sen)	Lothian Running Club
535	Suleiman	Niven	(MU20)	Kilbarchan AAC	609	Scott	Nelson	(M50)	Lothian Running Club
536	Matthew	O'Brien	(M Sen)	Kilbarchan AAC	610	Colin	Partridge	(M40)	Lothian Running Club
537	Donald	Petrie	(M60)	Kilbarchan AAC	611	Craig	Pirie	(M45)	Lothian Running Club
538	Craig	Prior	(M Sen)	Kilbarchan AAC	612	Calum	Ross	(M55)	Lothian Running Club
539	Robert	Quinn	(M50)	Kilbarchan AAC	613	Stig	Walsh	(M50)	Lothian Running Club
540	Conor	Thomson	(MU20)	Kilbarchan AAC	614	Peter	West	(M60)	Lothian Running Club
541	Ryan	Waldron	(M Sen)	Kilbarchan AAC	615	Owen	Williams	(M Sen)	Lothian Running Club
542	Mark	Alexander	(M Sen)	Kilmarnock H&AC	616	Jim	Alexander	(M55)	Lothian Running Club
543	Douglas	Dickson	(M50)	Kilmarnock H&AC					
544	William	Duffy	(M50)	Kilmarnock H&AC					
545	Stephen	Emerson	(M Sen)	Kilmarnock H&AC					
546	Colin	Glencorse	(M40)	Kilmarnock H&AC					
547	Robert	Lindsay	(M40)	Kilmarnock H&AC					
548	Richard	Mair	(M Sen)	Kilmarnock H&AC					
549	Scott	Martin	(M45)	Kilmarnock H&AC					
550	Stewart	McAllister	(M Sen)	Kilmarnock H&AC					
551	John	McClarty	(M50)	Kilmarnock H&AC					
552	Murray	McDonald	(M Sen)	Kilmarnock H&AC					
553	David	Moody	(M Sen)	Kilmarnock H&AC					
554	Stuart	Nibloe	(M Sen)	Kilmarnock H&AC					
555	Calum	O'Neil	(M Sen)	Kilmarnock H&AC					
556	Gordon	Reid	(M45)	Kilmarnock H&AC					
557	Ken	Wales	(M50)	Kilmarnock H&AC					
558	James	Wales	(M Sen)	Kilmarnock H&AC					
559	Cameron	Wilson	(M Sen)	Kilmarnock H&AC					

ID No.	Forename	Surname	Age Group	Club	ID No.	Forename	Surname	Age Group	Club
617	Grant	Allan	(M Sen)	Metro Aberdeen Running Club	687	Peter	Avent	(M Sen)	Shettleston Harriers
618	Philip	Brown	(M Sen)	Metro Aberdeen Running Club	688	William	Bardsley	(MU20)	Shettleston Harriers
619	Keith	Farquhar	(M55)	Metro Aberdeen Running Club	689	Grant	Boyne	(M Sen)	Shettleston Harriers
620	Jonathan	Gamble	(M Sen)	Metro Aberdeen Running Club	690	Daniel	Bradford	(M Sen)	Shettleston Harriers
621	Peter	Jennings	(M60)	Metro Aberdeen Running Club	691	William	Breckenridge	(M50)	Shettleston Harriers
622	Rankin	Lascelles	(M Sen)	Metro Aberdeen Running Club	692	Gavyn	Chalmers	(M Sen)	Shettleston Harriers
623	Kevin	Mackie	(M40)	Metro Aberdeen Running Club	693	Lucas	Cheskin	(M Sen)	Shettleston Harriers
624	David	MacLennan	(M Sen)	Metro Aberdeen Running Club	694	Stephen	Clark	(M Sen)	Shettleston Harriers
625	Barry	Maguire	(M Sen)	Metro Aberdeen Running Club	695	John	Connaghan	(M45)	Shettleston Harriers
626	Tom	Main	(M Sen)	Metro Aberdeen Running Club	696	William	Coyle	(M55)	Shettleston Harriers
627	Phil	Mann	(M55)	Metro Aberdeen Running Club	697	Michael	Deason	(M Sen)	Shettleston Harriers
628	Richard	Masson	(M40)	Metro Aberdeen Running Club	698	John J	Duffy	(M50)	Shettleston Harriers
629	John	Matheson	(M50)	Metro Aberdeen Running Club	699	Daniel	Eddison	(M Sen)	Shettleston Harriers
630	George	McPherson	(M60)	Metro Aberdeen Running Club	700	Gareth	Ellor	(M40)	Shettleston Harriers
631	Stuart	Milne	(M Sen)	Metro Aberdeen Running Club	701	Weynay	Ghebreselassie	(M Sen)	Shettleston Harriers
632	Nick	Milovsarov	(M50)	Metro Aberdeen Running Club	702	Andrew	Gibson	(M Sen)	Shettleston Harriers
633	Graham	Moar	(M40)	Metro Aberdeen Running Club	703	Ross	Gollan	(M Sen)	Shettleston Harriers
634	Mark	Ramsey	(M Sen)	Metro Aberdeen Running Club	704	Walter	Henderson	(M50)	Shettleston Harriers
635	William Gavin	Reid	(M50)	Metro Aberdeen Running Club	705	David I	Houston	(M Sen)	Shettleston Harriers
636	Dino	Roussias	(M45)	Metro Aberdeen Running Club	706	Scott	Kennedy	(M45)	Shettleston Harriers
637	Cameron	Strachan	(M Sen)	Metro Aberdeen Running Club	707	Andrew	Kirkhope	(M55)	Shettleston Harriers
638	Robert	Taylor	(M60)	Metro Aberdeen Running Club	708	Jethro	Lennox	(M40)	Shettleston Harriers
639	Andrew	Thompson	(M40)	Metro Aberdeen Running Club	709	Andy	Little	(M50)	Shettleston Harriers
640	Mark	Young	(M Sen)	Metro Aberdeen Running Club	710	Peter	Mackie	(M40)	Shettleston Harriers
641	Stephen	Allen	(M50)	Motherwell AC	711	Gerard	Mason	(M55)	Shettleston Harriers
642	John	Burns	(M55)	Motherwell AC	712	Mark	McColl	(M Sen)	Shettleston Harriers
643	Paul	Burns	(M Sen)	Motherwell AC	713	Alasdair	McLeod	(M Sen)	Shettleston Harriers
644	Allan	Cameron	(M45)	Motherwell AC	714	Tewoldeberhan	Mengisteab	(M Sen)	Shettleston Harriers
645	Kevin	Durnian	(M Sen)	Motherwell AC	715	Richard	Millar	(M40)	Shettleston Harriers
646	David	Gardiner	(M45)	Motherwell AC	716	David	Murphy	(M45)	Shettleston Harriers
647	Paul	Harkins	(M50)	Motherwell AC	717	Lachlan	Oates	(M Sen)	Shettleston Harriers
648	David	Hoolaghan	(M Sen)	Motherwell AC	718	John	Oates	(M55)	Shettleston Harriers
649	Nicholas	Hughes	(M Sen)	Motherwell AC	719	Thomas	Owens	(M Sen)	Shettleston Harriers
650	Christopher	MacDonald	(M Sen)	Motherwell AC	720	Michael	Paxton	(M Sen)	Shettleston Harriers
651	Craig	Mackenzie	(M Sen)	Motherwell AC	721	Iain	Pender	(M Sen)	Shettleston Harriers
652	Brian	McLinden	(M60)	Motherwell AC	722	Adam	Peters	(M Sen)	Shettleston Harriers
653	Neil	Richardson	(M40)	Motherwell AC	723	Kenny	Richmond	(M45)	Shettleston Harriers
654	Thomas	Sneddon	(M40)	Motherwell AC	724	Brian	Robertson	(M Sen)	Shettleston Harriers
655	Alan	Tait	(M45)	Motherwell AC	725	Andrew	Rockett Jackson	(M Sen)	Shettleston Harriers
656	Niall	Balloch	(M Sen)	PH Racing Club	726	Brian	Scally	(M50)	Shettleston Harriers
657	Wright	Beveridge	(M45)	PH Racing Club	727	Craig	Shannon	(M Sen)	Shettleston Harriers
658	Jason	Buttery	(M45)	PH Racing Club	728	Robert	Simpson	(M Sen)	Shettleston Harriers
659	Jonathan	Campbell	(M Sen)	PH Racing Club	729	David	Smith	(M Sen)	Shettleston Harriers
660	Darren	Candlish	(M Sen)	PH Racing Club	730	Paul	Sorrie	(M Sen)	Shettleston Harriers
661	John	Cassells	(M45)	PH Racing Club	731	Matthew	Sullivan	(M Sen)	Shettleston Harriers
662	Roger	Clark	(M45)	PH Racing Club	732	Darren	Thom	(M Sen)	Shettleston Harriers
663	Alan	Cockburn	(M50)	PH Racing Club	733	Alastair	Thurlbeck	(M Sen)	Shettleston Harriers
664	Michael	Combe	(M Sen)	PH Racing Club	734	Matthew	Turner	(M Sen)	Shettleston Harriers
665	John	Crookston	(M60)	PH Racing Club	735	Gary	Turner	(M Sen)	Shettleston Harriers
666	Dennis	Howett	(M50)	PH Racing Club	736	Denis	Williams	(M55)	Shettleston Harriers
667	Andrew	Jannetta	(M Sen)	PH Racing Club	737	Stephen	Winter	(M40)	Shettleston Harriers
668	Ian Robert	Johnston	(M60)	PH Racing Club					
669	Darren	Jubb	(M Sen)	PH Racing Club					
670	Scott	Love	(M Sen)	PH Racing Club					
671	Stuart	Mackay	(M Sen)	PH Racing Club					
672	Mark	Mackenzie	(M45)	PH Racing Club					
673	Allen	Marr	(M60)	PH Racing Club					
674	Robert	Milton	(M50)	PH Racing Club					
675	Daniel	Monaghan	(M Sen)	PH Racing Club					
676	Ed	Norton	(M65)	PH Racing Club					
677	Jonathan	Peebles	(M Sen)	PH Racing Club					
678	Robert	Sellar	(M40)	PH Racing Club					
679	Peter	Simpson	(M55)	PH Racing Club					
680	Malcolm	Smith	(M50)	PH Racing Club					
681	Daniel	Smith	(MU20)	PH Racing Club					
682	Colin	Somerville	(M Sen)	PH Racing Club					
683	Ian	Stewart	(M60)	PH Racing Club					
684	Iain	Taylor	(M45)	PH Racing Club					
685	Stuart	Tite	(M Sen)	PH Racing Club					
686	Philip	Waring	(M Sen)	PH Racing Club					
753	Tommy	Lawrence	(M45)	PH Racing Club					

ID No.	Forename	Surname	Age Group	Club	ID No.	Forename	Surname	Age Group	Club
738	Matthew	Adamson	(MU20)	Strathclyde Univ Harriers					
739	Lewis	Gray	(MU20)	Strathclyde Univ Harriers					
740	Jack	McKenna	(M Sen)	Strathclyde Univ Harriers					
741	Jamie	McLaren	(MU20)	Strathclyde Univ Harriers					
742	Kieran	Pugh	(M Sen)	Strathclyde Univ Harriers					
743	Daniel	Smith	(MU20)	Strathclyde Univ Harriers					
744	Rory	Anderson	(M Sen)	Teviotdale Harriers					
745	Alistair	Biggar	(M45)	Teviotdale Harriers					
746	Derek	Clyne	(M55)	Teviotdale Harriers					
747	Alan	Coltman	(M50)	Teviotdale Harriers					
748	Andrew	Gibson	(M Sen)	Teviotdale Harriers					
749	Bruce	Hughes	(M Sen)	Teviotdale Harriers					
750	Alan	Inglis	(M45)	Teviotdale Harriers					
751	Derek	Scott	(M Sen)	Teviotdale Harriers					
752	Christopher	Watson	(M Sen)	Teviotdale Harriers					
754	Ralph	Connolly	(M50)	VP-Glasgow AC					
755	Gerard	Craig	(M45)	VP-Glasgow AC					
756	Ian	Dunn	(M45)	VP-Glasgow AC					
757	Sandy	Gardner	(M45)	VP-Glasgow AC					
758	Martin	Hayes	(M Sen)	VP-Glasgow AC					
759	Peter	Jardine	(M50)	VP-Glasgow AC					
760	Crawford	Little	(M50)	VP-Glasgow AC					
761	Max	Milarvie	(MU20)	VP-Glasgow AC					
762	Charlie	Milarvie	(MU20)	VP-Glasgow AC					
763	Tom	Ord	(M60)	VP-Glasgow AC					
764	Lewis	Priest	(MU20)	VP-Glasgow AC					
765	Kieron	Rafferty	(M Sen)	VP-Glasgow AC					
766	Max	Ralston	(M Sen)	VP-Glasgow AC					
767	Peter	Ramsay	(M55)	VP-Glasgow AC					
768	Allan	Ramsay	(M Sen)	VP-Glasgow AC					
769	Duncan	Thomson	(M45)	VP-Glasgow AC					

Id No.	Forename	Surname	Age Group	Club	Id No.	Forename	Surname	Age Group	Club
1001	Anisha	Badial	(FU20)	Aberdeen AAC	1056	Maria	Boland	(F Sen)	Edinburgh AC
1002	Rebecca	Eggeling	(FU20)	Aberdeen AAC	1057	Sarah Russell	Brown	(F Sen)	Edinburgh AC
1003	Anne	Howie	(F55)	Aberdeen AAC	1058	Kathleen	Dempsey	(F Sen)	Edinburgh AC
1004	Isla	Scott-Pearce	(F Sen)	Aberdeen AAC	1059	Karen	Dobbie	(F50)	Edinburgh AC
1005	Lynne	Bruce	(F40)	Bellahouston Harriers	1060	Lyndsey	Fraser	(F40)	Edinburgh AC
1006	Alison	Cairns	(F40)	Bellahouston Harriers	1061	Jennifer	MacLean	(F40)	Edinburgh AC
1007	Gillian	Glass	(F45)	Bellahouston Harriers	1062	Sheenagh	MacLulich	(F40)	Edinburgh AC
1008	Kristina	Greig	(F Sen)	Bellahouston Harriers	1063	Jocelyn	Moar	(F Sen)	Edinburgh AC
1009	Deirdre	Hoyle	(F65)	Bellahouston Harriers	1064	Jill	Morrow	(F50)	Edinburgh AC
1010	Emily	Jackson	(F Sen)	Bellahouston Harriers	1065	Anne	Peat	(F50)	Edinburgh AC
1011	Elaine	Macdonald	(F Sen)	Bellahouston Harriers	1066	Victoria	Riddell	(F Sen)	Edinburgh AC
1012	June	MacLeod	(F55)	Bellahouston Harriers	1067	Angela	Routledge	(F50)	Edinburgh AC
1013	Christine	McKay	(F55)	Bellahouston Harriers	1068	Dee	Watters	(F Sen)	Edinburgh AC
1014	Jasmine	Shields	(F Sen)	Bellahouston Harriers	1069	Leanne	Webster	(F Sen)	Edinburgh AC
1015	Rebecca	Simister	(F Sen)	Bellahouston Harriers	1070	Lauren	Wilson	(F Sen)	Edinburgh AC
1016	Maria	Spedsberg	(F Sen)	Bellahouston Harriers	1071	Amanda	Woodrow	(F Sen)	Edinburgh AC
1017	Karen	Allen	(F Sen)	Calderglen Harriers	1072	Kirstin	Bamford	(F Sen)	Edinburgh Univ Hare & Hounds
1018	Julie	Beveridge	(F Sen)	Calderglen Harriers	1073	Morgan	Blevins	(F Sen)	Edinburgh Univ Hare & Hounds
1019	Lorraine	Buchanan	(F Sen)	Calderglen Harriers	1074	Lydia	Blythe	(FU20)	Edinburgh Univ Hare & Hounds
1020	Kay	Conneff	(F40)	Calderglen Harriers	1075	Katie	Cutforth	(F Sen)	Edinburgh Univ Hare & Hounds
1021	Emma	Craig	(F Sen)	Calderglen Harriers	1076	Polly	Edwards	(FU20)	Edinburgh Univ Hare & Hounds
1022	Frances	Ferguson	(F50)	Calderglen Harriers	1077	Amy	Frankland	(F Sen)	Edinburgh Univ Hare & Hounds
1023	Mary	Goldsmith	(F55)	Calderglen Harriers	1078	Jennifer	Glass	(FU20)	Edinburgh Univ Hare & Hounds
1024	Sharon	Gregg	(F45)	Calderglen Harriers	1079	Katie	Hall	(FU20)	Edinburgh Univ Hare & Hounds
1025	Alexandra	Hayden	(F Sen)	Calderglen Harriers	1080	Helen	Jones	(F Sen)	Edinburgh Univ Hare & Hounds
1026	Allison	Johnston	(F50)	Calderglen Harriers	1081	Rhiannon	Kirk	(FU20)	Edinburgh Univ Hare & Hounds
1027	Ruth	Kelly	(F50)	Calderglen Harriers	1082	Linette	Knudsen	(F Sen)	Edinburgh Univ Hare & Hounds
1028	Alison	Lessells	(F Sen)	Calderglen Harriers	1083	Naomi	Lang	(FU20)	Edinburgh Univ Hare & Hounds
1029	Joanne	McEvoy	(F Sen)	Calderglen Harriers	1084	Mhairi	MacLennan	(F Sen)	Edinburgh Univ Hare & Hounds
1030	Holly	Rankin	(F Sen)	Calderglen Harriers	1085	Eilidh	MacQuarrie	(F Sen)	Edinburgh Univ Hare & Hounds
1031	Julie	Thomson	(F Sen)	Calderglen Harriers	1086	Ciara	Newell	(F Sen)	Edinburgh Univ Hare & Hounds
1032	Kirsty	Wilson	(F Sen)	Calderglen Harriers	1087	Leda	Olia	(F Sen)	Edinburgh Univ Hare & Hounds
1033	Katie	Bristow	(F Sen)	Cambuslang Harriers	1088	Lauren	Sallade	(F Sen)	Edinburgh Univ Hare & Hounds
1034	Alexandra	Lamond	(F Sen)	Cambuslang Harriers	1089	Rachel	Stewart	(F Sen)	Edinburgh Univ Hare & Hounds
1035	Lesley	McArdle	(F Sen)	Cambuslang Harriers	1090	Sally	Stewart	(FU20)	Edinburgh Univ Hare & Hounds
1036	Paula	McCabe	(F Sen)	Cambuslang Harriers	1091	Carla	Willars	(F Sen)	Edinburgh Univ Hare & Hounds
1037	Kirsty	O'Brien	(F Sen)	Cambuslang Harriers	1092	Megan	Davidson	(F Sen)	Falkirk Victoria Harriers
1038	Bernadete	O'Neil	(F50)	Cambuslang Harriers	1093	Roisin	Fulton	(F40)	Falkirk Victoria Harriers
1039	Jennifer	Reid	(F45)	Cambuslang Harriers	1094	Lorna	Kennedy	(F40)	Falkirk Victoria Harriers
1040	Fiona	Davies	(FU20)	Central AC	1095	Fiona	Matheson	(F55)	Falkirk Victoria Harriers
1041	Fanni	Gyurko	(F Sen)	Central AC	1096	Eilidh	McCallum	(FU20)	Falkirk Victoria Harriers
1042	Claire	Houston	(F Sen)	Central AC	1097	Claire	Moffett	(F Sen)	Falkirk Victoria Harriers
1043	Lauren	McCulloch	(FU20)	Central AC	1098	Alison	Arnold	(F40)	Ferranti AAC
1044	Patricia	Milne	(F55)	Central AC	1099	Julia	Drewer	(F40)	Ferranti AAC
1045	Natalie	STEWART	(F Sen)	Central AC	1100	Claire	Gilchrist	(F50)	Ferranti AAC
1046	Mhairi	Bagnall	(F40)	Corstorphine AAC	1101	Elizabeth	Gilchrist	(F70)	Ferranti AAC
1047	Fiona	Carver	(F55)	Corstorphine AAC	1102	Julia	Loecherbach	(F Sen)	Ferranti AAC
1048	Anne	Ewing	(F Sen)	Corstorphine AAC	1103	Alison	McDonald	(F Sen)	Ferranti AAC
1049	Audrey	Graham	(F40)	Corstorphine AAC	1104	Pascaline	Mollard	(F Sen)	Ferranti AAC
1050	Janet	Grigor	(F50)	Corstorphine AAC	1105	Siobhan	Sellar	(F50)	Ferranti AAC
1051	Alison	Mair	(F Sen)	Corstorphine AAC					
1052	Katie	Anderson	(FU20)	Dundee Hawkhill Harriers					
1053	Jennifer	Learmonth	(F Sen)	Dundee Hawkhill Harriers					
1054	Portia	McRobbie	(F Sen)	Dundee Hawkhill Harriers					
1055	Nicola	Tully	(F40)	Dundee Hawkhill Harriers					

Id No.	Forename	Surname	Age Group	Club	Id No.	Forename	Surname	Age Group	Club
1106	Sandra	Aitken	(F55)	Fife AC	1192	Kirsty	Alexander	(F45)	Kilmarnock H&AC
1107	Sue	Armstrong	(F50)	Fife AC	1193	Amanda	Bryden	(F Sen)	Kilmarnock H&AC
1108	Dharini	Balasubramaniam	(F45)	Fife AC	1194	Francesca	Capaldi	(F Sen)	Kilmarnock H&AC
1109	Innes	Bracegirdle	(F60)	Fife AC	1195	Laura	Carruthers	(F Sen)	Kilmarnock H&AC
1110	Megan	Crawford	(F Sen)	Fife AC	1196	Rosemary	McMillan	(F55)	Kilmarnock H&AC
1111	Katie	Garner	(F Sen)	Fife AC	1197	Kirsty	McNulty	(F40)	Kilmarnock H&AC
1112	Addy	Gerrard	(F55)	Fife AC	1198	Karen	Robertson	(F50)	Kilmarnock H&AC
1113	Angela	Howe	(F45)	Fife AC	1199	Doreen	Wales	(F45)	Kilmarnock H&AC
1114	Katie	Jones	(F Sen)	Fife AC	1200	Paula	Wilson	(F50)	Kilmarnock H&AC
1115	Liz	Killeen	(F50)	Fife AC	1201	Anne	Crombie-Brown	(F40)	Kirkintilloch Olympians
1116	Keren	Macpherson	(F50)	Fife AC	1202	Vivien	Fraser	(F50)	Kirkintilloch Olympians
1117	Margaret	Martin	(F60)	Fife AC	1203	Elaine	Hogg	(F45)	Kirkintilloch Olympians
1118	Elise	Methven	(F45)	Fife AC	1204	Allison	Law	(F55)	Kirkintilloch Olympians
1119	Sophie	Mullins	(F Sen)	Fife AC	1205	Shirley	MacNab	(F50)	Kirkintilloch Olympians
1120	Stephanie	Pennycook	(F Sen)	Fife AC	1206	Marie	McChord	(F55)	Kirkintilloch Olympians
1121	Halina	Rees	(F Sen)	Fife AC	1207	Anne Marie	McGregor	(F40)	Kirkintilloch Olympians
1122	Hilary	Ritchie	(F55)	Fife AC	1208	Jennifer	Muir	(FU20)	Kirkintilloch Olympians
1123	Jocelyn	Scott	(F65)	Fife AC	1209	Belinda	Porteous	(F45)	Kirkintilloch Olympians
1124	Jenny	Selman	(F Sen)	Fife AC	1210	Suzanne	Shaw	(F40)	Kirkintilloch Olympians
1125	Helen	Sharpe	(F Sen)	Fife AC	1211	Moir	Smith	(F50)	Kirkintilloch Olympians
1126	Annabel	Simpson	(F Sen)	Fife AC	1212	Ada	Stewart	(F50)	Kirkintilloch Olympians
1127	Jennifer Kibble	Spence	(F Sen)	Fife AC	1213	Ausrine	Ward	(F40)	Kirkintilloch Olympians
1128	Lynne	Stephen	(F55)	Fife AC	1214	Andrea	Cameron	(F Sen)	Lothian Running Club
1129	Rhona	van Rensburg	(F45)	Fife AC	1215	Siobhan	Coleman	(F Sen)	Lothian Running Club
1130	Amie	Watt	(F Sen)	Fife AC	1216	Yvonne	Crilly	(F55)	Lothian Running Club
1131	Lindsay J	Wilson	(F Sen)	Fife AC	1217	Kirsty	Gray	(F Sen)	Lothian Running Club
1132	Fiona	Dalgleish	(F45)	Gala Harriers	1218	Sarah	Inglis	(F Sen)	Lothian Running Club
1133	Gillian	Duncan	(F45)	Gala Harriers	1219	Emma	Jackson	(F Sen)	Lothian Running Club
1134	Rachel	Fagan	(F40)	Gala Harriers	1220	Christine	MacVarish	(F45)	Lothian Running Club
1135	Jennifer	Forbes	(F45)	Gala Harriers	1221	Christine	Milne	(F45)	Lothian Running Club
1136	Dawn	Grant	(F45)	Gala Harriers	1222	Edel	Mooney	(F40)	Lothian Running Club
1137	Sara	Green	(F Sen)	Gala Harriers	1223	Bethany	Nelson	(FU20)	Lothian Running Club
1138	Kate	Jenkins	(F40)	Gala Harriers	1224	Lana	Turnbull	(F Sen)	Lothian Running Club
1139	Kirstin	Maxwell	(F Sen)	Gala Harriers	1225	Christina	Wegelius	(F Sen)	Lothian Running Club
1140	Eileen	Maxwell	(F55)	Gala Harriers	1226	Jo	Williams	(F Sen)	Lothian Running Club
1141	Joeleen	Mckean	(F Sen)	Gala Harriers	1227	Mel	Zobel	(F Sen)	Lothian Running Club
1142	Zoe	Pflug	(FU20)	Gala Harriers	1228	Claire	Bruce	(F Sen)	Metro Aberdeen Running Club
1143	Katie	Rourke	(FU20)	Gala Harriers	1229	Laura	Campbell	(F Sen)	Metro Aberdeen Running Club
1144	Nina	Farmer	(F Sen)	Giffnock North AC	1230	Nicola	Gauld	(F Sen)	Metro Aberdeen Running Club
1145	Mary	McCutcheon	(F50)	Giffnock North AC	1231	Kerstin	Hunter	(F Sen)	Metro Aberdeen Running Club
1146	Kathleen	McLachlan	(F Sen)	Giffnock North AC	1232	Vicki	Inglis	(F Sen)	Metro Aberdeen Running Club
1147	Lynn	Owen	(F Sen)	Giffnock North AC	1233	Amy	Mackie	(F45)	Metro Aberdeen Running Club
1148	Sarah	Smith	(F45)	Giffnock North AC	1234	Kim	Menzies	(F Sen)	Metro Aberdeen Running Club
1149	Jill	Smylie	(F Sen)	Giffnock North AC	1235	Lisa	Michie	(F Sen)	Metro Aberdeen Running Club
1150	Catriona	Bruce	(F40)	Hunters Bog Trotters	1236	Naomi	Milne	(F Sen)	Metro Aberdeen Running Club
1151	Carrie	Craig	(F Sen)	Hunters Bog Trotters	1237	Rebecca	Ward	(F Sen)	Metro Aberdeen Running Club
1152	Briony	Curtis	(F Sen)	Hunters Bog Trotters	1238	Valerie	Wilson	(F50)	Metro Aberdeen Running Club
1153	Katherine	Golding	(F Sen)	Hunters Bog Trotters	1239	Joyce	Allardice	(F50)	Motherwell AC
1154	Claire	Gordon	(F40)	Hunters Bog Trotters	1240	Barbara	Hogg	(F50)	Motherwell AC
1155	Rebecca	Harding	(F Sen)	Hunters Bog Trotters	1241	Clare	Hughes	(F Sen)	Motherwell AC
1156	Rachel	Heathcote	(F Sen)	Hunters Bog Trotters	1242	Alison	Jardine	(F Sen)	Motherwell AC
1157	Amelia	Hope-Jones	(F Sen)	Hunters Bog Trotters	1243	Gillian	McCafferty	(F40)	Motherwell AC
1158	Jessica	Husbands	(F Sen)	Hunters Bog Trotters	1244	Mae	McIsaac	(F60)	Motherwell AC
1159	Amy	Jennings	(F Sen)	Hunters Bog Trotters	1245	Susan	Stewart	(F Sen)	Motherwell AC
1160	Cat	Magill	(F Sen)	Hunters Bog Trotters	1246	Jan	Dawson	(F40)	Penicuik Harriers
1161	Morag	McClelland	(F Sen)	Hunters Bog Trotters	1247	Romana	Gorjanc	(F40)	Penicuik Harriers
1162	Shona	McIntosh	(F Sen)	Hunters Bog Trotters	1248	Sadie	Kemp	(F40)	Penicuik Harriers
1163	Eilis	McKechanie	(F Sen)	Hunters Bog Trotters	1249	Lynne	Stevley	(F45)	Penicuik Harriers
1164	Mairead	McManus	(F Sen)	Hunters Bog Trotters	1250	Jennifer	Caldwell	(F Sen)	PH Racing Club
1165	Alison	McNeillage	(F45)	Hunters Bog Trotters	1251	Paula	Frame	(F45)	PH Racing Club
1166	Megan	Mowbray	(F40)	Hunters Bog Trotters	1252	Natalie	Illiland-Pattersc	(F Sen)	PH Racing Club
1167	Sinead	O' Malley	(F Sen)	Hunters Bog Trotters	1253	Karen	Kennedy	(F45)	PH Racing Club
1168	Phyllis	O'Brien	(F55)	Hunters Bog Trotters	1254	Lesley	Mealing	(F40)	PH Racing Club
1169	Fionna	Ogilvie	(F Sen)	Hunters Bog Trotters	1255	Mary	Western	(F55)	PH Racing Club
1170	Sarah	O'Neil	(F Sen)	Hunters Bog Trotters	1256	Alison	Whyte	(F45)	PH Racing Club
1171	Alice	Paterson	(F40)	Hunters Bog Trotters					
1172	Georgia	Rogers	(F Sen)	Hunters Bog Trotters					
1173	Janice	Smith	(F60)	Hunters Bog Trotters					
1174	Lucy	Taylor	(F Sen)	Hunters Bog Trotters					
1175	Georgia	Tindley	(F Sen)	Hunters Bog Trotters					
1176	Katie	Walling	(F Sen)	Hunters Bog Trotters					
1177	Megan	Wright	(F40)	Hunters Bog Trotters					
1178	Caroline	Cochran	(F45)	Kilbarchan AAC					
1179	Rebecca Louise	Craig	(FU20)	Kilbarchan AAC					
1180	Elspeth	Curran	(F Sen)	Kilbarchan AAC					
1181	Sarah	Dempsey	(F Sen)	Kilbarchan AAC					
1182	Elaine	Eadie	(F Sen)	Kilbarchan AAC					
1183	Sharon	Hastie	(F40)	Kilbarchan AAC					
1184	Sandra	Houldsworth	(F40)	Kilbarchan AAC					
1185	Kerry	MacAngus	(FU20)	Kilbarchan AAC					
1186	Una	MacIntyre	(F45)	Kilbarchan AAC					
1187	Christina	Rankin	(F Sen)	Kilbarchan AAC					
1188	Chloe	Simpson	(F Sen)	Kilbarchan AAC					
1189	Holly	Thompson	(FU20)	Kilbarchan AAC					
1190	Rona	Tytler	(FU20)	Kilbarchan AAC					
1191	Julia	Wylie	(F50)	Kilbarchan AAC					

Id No.	Forename	Surname	Age Group	Club	Id No.	Forename	Surname	Age Group	Club
1257	Mhairi	Donaldson	(F Sen)	Shettleston Harriers					
1258	Oonagh	Dunnett	(F Sen)	Shettleston Harriers					
1259	Emma	Dunnett	(F Sen)	Shettleston Harriers					
1260	Rhona	Galloway	(F Sen)	Shettleston Harriers					
1261	Ruth	Joss	(F Sen)	Shettleston Harriers					
1262	Amy	MacLellan	(F Sen)	Shettleston Harriers					
1263	Charlene Sophia	Manley	(F Sen)	Shettleston Harriers					
1264	Avril	Mason	(F40)	Shettleston Harriers					
1265	Cara	McCafferty	(FU20)	Shettleston Harriers					
1266	Gillian	McKinlay	(F Sen)	Shettleston Harriers					
1267	Shannon	McLellan	(F Sen)	Shettleston Harriers					
1268	Kathryn	Pennel	(F Sen)	Shettleston Harriers					
1269	Fionnuala	Ross	(F Sen)	Shettleston Harriers					
1270	Carole	Setchell	(F Sen)	Shettleston Harriers					
1271	Laura	Stewart	(F Sen)	Shettleston Harriers					
1272	Lucy	Cameron	(FU20)	Strathclyde Univ Harriers					
1273	Natasha	Martin	(FU20)	Strathclyde Univ Harriers					
1274	Hannah	May	(FU20)	Strathclyde Univ Harriers					
1275	Emily	McNicol	(FU20)	Strathclyde Univ Harriers					
1276	Emma	Ratcliffe	(FU20)	Strathclyde Univ Harriers					
1277	Marie-Louise	Slater	(F Sen)	Strathclyde Univ Harriers					
1278	Olivia	Steven	(F Sen)	Strathclyde Univ Harriers					
1279	Madeleine	Watson	(F Sen)	Strathclyde Univ Harriers					
1280	Lauren	Corbett	(F Sen)	Teviotdale Harriers					
1281	Kirsty	Hughes	(F40)	Teviotdale Harriers					
1282	Ishbel	Inglis	(FU20)	Teviotdale Harriers					
1283	Donna	Inglis	(F50)	Teviotdale Harriers					
1284	Jade	Mchugh	(F Sen)	Teviotdale Harriers					
1285	Michelle	Short	(F Sen)	Teviotdale Harriers					

From 2018

Marshal Stations

Essential points are ringed

Livingston North
Station

CP

National Road Relay Championships

Men 6 stage. Women 4 stage.

Almondvale, Livingston

12 noon start



West Lothian
Council

St John's
Hospital

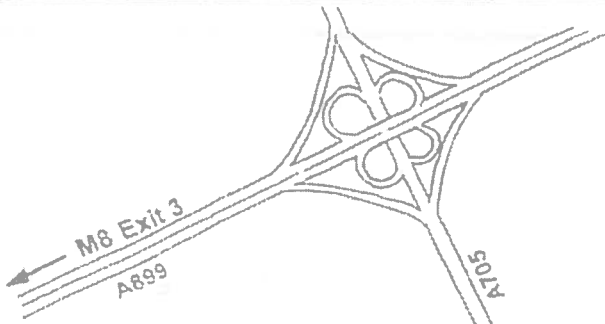
St Margaret's Academy
S/F

Almondvale
Stadium

Scale in Metres



Key	
Road	
Asphalt	
Footpath	
Clinder	
Footpath	
Railway	
Long Lap	
Short Lap	
Cut Off	
Miles to go markers	



A105

Whitburn A705

River Almond

Park

100m